Interventions

Intervention thoughts from Sept/Nov'2024 Workshops

What YOU said

- 'Get what we can'
- 'Anything that changes the patient care journey'
- Professions:
 - Allied health
 - Physiotherapy
 - Chiropractor
 - Speech pathology
 - Podiatry
 - Psychologist
 - <u>Medical</u>
 - <u>Nursing</u>
 - Diabetes nurse educator
- Types of care
 - Home
 - Patient initiated
- Sparked Medical

- Plans
 - Nutrition
 - Physical activity
- Progress
 - Evaluation
 - Outcome
- Groups of activities
 - Care
 - Social
 - Social supports
 - Carer supports
 - Nursing
- Links to:
 - Procedure
 - Goal
 - Goals of care
 - Problem/Diagnosis



- Specific activities
 - Counselling/advice
 - Home assessment/modification
 - Food bank
 - Education/Patient education
 - Provision of:
 - Equipment
 - Medical devices
 - Transport
 - Exercise prescriptions
 - Social prescriptions
 - Assistive technology
 - Alexa, Google
 - Meals on wheels



Definition - proposal

Intervention

A single therapeutic activity, or a series of activities, intended to prevent, diagnose, treat, or manage health conditions, support mental or physical well-being, or address social and environmental factors that influence health outcomes.

- 1. Do you agree with the concept definition provided?
- 2. Please provide an overall recommendation for this definition



Follow-up

Definitions - proposal

Follow-up

The <u>process</u> of delivering ongoing, intentional care by a healthcare provider, beyond the initial appointment or intervention.

Follow-up is typically used to track progress, manage ongoing treatment, and assess the outcomes of previous interventions. This process commonly involves scheduling one or more follow-up activities at intervals recommended by the healthcare provider, each tailored to the condition and specific needs of the individual.

For example: a single six-week post-surgery check-up to assess healing and recovery; 6 monthly liver function tests after commencing a hepatotoxic medication; regular 3 monthly visits with a podiatrist to manage long-term foot care; or a palliative care nurse making twice-daily home visits until the end of an individual's life.

Recall

A clinician-initiated action to proactively address an emerging health concern, in a known individual.

A recall is typically associated with the detection of a potential health need or risk since the last appointment or contact, and the recall advice is sent or given to the individual with the intent they receive the necessary follow-up care to effectively and safely manage or monitor their health.

For example: if an abnormality is found in test results, the individual may be recalled for additional testing or treatment.

Reminder

A clinical <u>notification</u> sent to an individual regarding their scheduled, routine, and preventive health and care activities.

A reminder is typically an automated or system-generated message, such as email or text, that proactively help individuals, carers, and families stay up-to-date with regular preventive health activities and appointments.

For example: reminding the individual about routine vaccinations; or regular cancer screenings that are due or scheduled.

Recording requirements

Follow-up

The process of continuing care beyond a single appointment or intervention.

It is typically used to assess the progress of an individual, manage ongoing treatment, and monitor the results of previous interventions. This process commonly involves one or more scheduling subsequent visits, test or activities at intervals recommended by the healthcare provider, tailored to the individual's specific needs and condition. For example, a doctor might arrange a follow-up appointment six weeks post-surgery to assess the healing process.

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- 2. Please provide an overall recommendation for this definition



Recording requirements

Recall

A clinician-initiated action to proactively address an emerging health concern, in a known individual. It is typically associated with the detection of a potential health need or risk since the last appointment or contact, intended to ensure they receive the necessary follow-up care to effectively and safely manage or monitor their health. For example, if an abnormality is found in test results, the individual may be recalled for additional testing or treatment.

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Recording requirements

Reminder

A notification sent to an individual regarding scheduled, routine, and preventive health and care activities. It is typically an automated or system-generated message, such as email or text, that proactively help individuals, carers, and families stay up-to-date with regular preventive health activities and appointments. For example: routine vaccinations or regular cancer screenings.

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